

Resident Of The Month



Myrtle Tamplin is February's Resident of the Month. Myrtle can be found around the Timber's dancing, singing and laughing. Myrtle is the proud Mother of two wonderful boys, who are the absolute lights of her life.

Myrtle is a pleasure to have here and we can always count on her to lift spirits and make any one of us laugh.



February Birthday's

Residents

Freda ~ February 26th

Staff

Katherine ~ February 19th



We would like to Welcome Mack Nesmith to Trinity Timber's. We are pleased to have Mack call Trinity Home!

Trinity Timbers News

Trinity Timbers Of Longview ~ 3102 Gilmer Road Longview Texas 75604 ~ 903-686-1743



hello february

MANAGEMENT TEAM

LISA WALLACE
Executive Director

PAULA ARCURI
Activities Director

RICHARD ABBOTT
Maintenance

SANDY COLLINS
Nurse

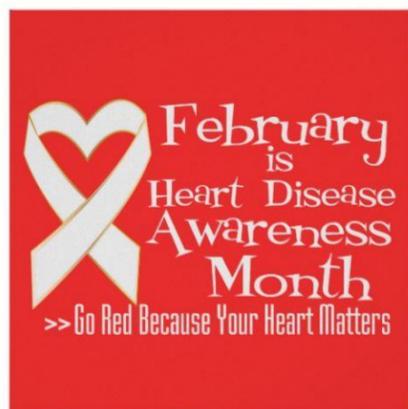


Welcome February, we are looking forward to some fun activities coming up this month at Trinity Timbers.

We will be having a Valentine's Day social on February 14th in the afternoon complete with some special Valentines treats for our sweet residents.

Mardi Gras will be Tuesday February 25th, we will celebrate with some fun activities.

We would like to take this time to wish everyone a Very Happy Valentine's Day and Thank you all for your continues support, we look forward to seeing you all soon!



Heart disease is the leading cause of death for men and women in the United States. Every year, 1 in 4 deaths are caused by heart disease.

The good news? Heart disease can often be prevented when people make healthy choices and manage their health conditions. Communities, health professionals, and families can work together to create opportunities for people to make healthier choices.

Make a difference in your community: Spread the word about strategies for preventing heart disease and encourage people to live heart healthy lives.



National Pie Day

The residents and staff participated in National Pie Day.

They enjoyed their own personal pies along with some beverages and great conversation on January 23rd.



From Your Valentine

On February 14 each year, sweethearts celebrate Valentine's Day by exchanging cards, chocolates, and other tokens of love. But do these sweethearts know who they are celebrating? The true identity of St. Valentine is murky and there are differing stories detailing his role in the church and the acts that inspired the popular holiday bearing his name.



Competing stories depict St. Valentinus (the Latin version of the name) as either a priest from Rome or the Bishop of Terni during the reign of Emperor Claudius II. Legend has it that Valentinus aided Christians who were persecuted under Claudius II's reign. Eventually, Valentinus, too, was put under house arrest at the home of Judge Asterius. It so happened that Asterius had a blind daughter. The judge asked Valentinus to prove the power of Christ by restoring the girl's sight. When Valentinus performed the miracle, the judge thanked him by freeing him and all the Christians he had imprisoned. But Valentinus did not remain free for long. He was again arrested and brought before Emperor Claudius II himself. When Valentinus attempted to convert Claudius to Christianity, he was executed on February 14, AD 270, but before his martyrdom, he is said to have written a note to the daughter of Asterius, which he signed "From your Valentine."

Another story details how Claudius II outlawed marriage for young men in the belief that single men made better soldiers than those with wives and families. Valentine defied Claudius and performed marriages in secret, purportedly cutting hearts of parchment and gifting them to the couples as a sign of God's eternal love. When Valentine's secret was discovered, Claudius executed him.

These stories are different yet they both illustrate Valentine's devotion to his faith and his people. As these legends spread, so did Valentine's reputation for heroic love and devotion, inspiring a holiday dedicated to the ideals he died for.

Valentine's word search

Valentine's Day Word Search

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O	M	E	E	Y	M		H	I	H	N	D	N							
R	B	E	A	F	N	A	R		A	N	V	O	L	N	G	I			
U	A	R	R	Y	F	O	U		G	E	W	R	D	E	D	E			
P	C	A	H	T	H	T	N	E	E	A	I	R	O	R	A	I	M	S	B
I	A	F	E	B	R	U	A	R	Y	P	T	S	E	S	T	R	B	E	I
N	R	E	O	I	E	E	R	F	T	R	E	E	A	C	T	F	I	G	A
A	D	S	L	K	D	A	T	E	D	S	N	W	T	B	I	Q	W	L	I
S	O	Y	V	T	A	P	I	N	I	F	I	O	P	K	P	A	H		
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S	S	H	A	S	E	Y	E	E	B	N	E	E	S	G	I				
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Y	D	N	A	C	D	A	L												
G	J	O	O	B	E														
I	Y	H	A																
I	C																		

LOVE	VALENTINE	FEBRUARY
CHOCOLATE	CARD	CANDY
ROSES	GIFT	FRIEND
HEART	RED	DATE
KISS	PINK	CUPID

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