

Stonehaven Assisted Living

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History of St. Patrick's Day

St. Patrick's day is celebrated annually on March 17, the anniversary of his death in the fifth century. The Irish have observed this day as a religious holiday for over 1,000 years. On St. Patrick Day, which falls during the Christian season of Lent, Irish Families would traditionally attend church in the morning and celebrate in the afternoon. Lenten prohibitions against the consumption of meat were waived and people would dance, drink, and feast on the traditional meal of Irish bacon and cabbage.



A friend is like a four leaf clover;
hard to find, lucky to have.
I'm thankful I have you!
Happy St. Patrick Day!

March Birthday's

Alfred Bednar	Mar 1
Martha Jones	Mar 3
Susie Koberlein	Mar 4
Jordan Dickerson	Mar 9
William Pittman	Mar 20
Martha Rogers	Mar 25



**March 8
Spring Forward**

**March 8
Women of the World Unite**

**March 17
St. Patrick Day
Wear green**

**March 19
Welcome Spring**

**March birthdays
Happy Birthday's**

Daylight Saving Time

March 8th. 2020

Daylight Saving Time (United States and Canada) And summer time (United kingdom, European Union, and others.) is the practice of advancing clocks during warmer months so that darkness falls later each day according to the clock. A common implementation of DST is set clocks forward by one hour in the spring (spring forward) and set clocks back by one hour in autumn (fallback) to return to standard time. In other words, there is one 23- hour day in late winter or early spring and 25- hour day in the fall.

Sunrise and sunset will be about 1 hour later on March 8, 2020 then the day before. There will be more light in the evening.



Welcome Spring

Welcome to spring and all the newness this season brings. Its rain, daffodils, sunshine, and thunder. Its warmth, color, and a breath of fresh air. Its little buds and birds chirping all life crawls out of hibernation and our hearts open.



March 19 is first day of Spring
We all love being outside.



Women of the World Unite

Women around the world will take to the streets promotion women's right to Celebrate International Women Day on March 8. The first National Women's Day occurred over 100 years ago on February 28, 1909, in New York. Therese Malkiel, a factory worker who rose to the top of the leadership of the Women's National Committee of the Socialist Party, proposed the first celebration. Malkiel believed that liberation and equality of women. When the men of the party showed no true interest in equal right for women members, Malkiel took it upon herself to organize her fellow women and strengthen their place in the party. The first Women's Day celebration was a show of strength for the women she organized.

The struggle for women's right was not unique to America. Across Europe, women were organizing for workers right to vote. In 1910, at the International Socialist Women's Conference in Denmark, European activists decided to establish an international holiday modeled on the ones organized by Malkiel.

The following year, on March 11, 1911, International Women's Day was celebrated for the first time by over a million people in Austria, Denmark, Germany, and Switzerland. Women took to the streets, marching for the right to vote, to hold public office, and to enjoy equal opportunities for employment. Six years later, on March 8, 1917, International Women's Day marchers across Russia marched for " Bread and Peace, demanding an end to World War 1, tsarism, and government-imposed food shortages. This marked the beginning of Russia's February Revolution (according to their old calendar). Seven days later, Tsar Nicholas II abdicated the throne, and women were granted the right to vote. Over the decades, the holiday has transformed from a socialist holiday to mainstream celebration of political activism by women. While the day is an official holiday in many countries, the face that it is not observed in many places.



Yes we can.