

April 2020

# TRINITY HILLS

Trinity Hills of Knoxville 4611 Asheville Highway Knoxville, TN 37914 Phone: 329-3292



## Celebrating April

### Good Friday

*April 10*

### Easter

*April 12*



## APRIL SPECIAL EVENTS

- Apr. 6 – 2:45 p.m. – Downton Abbey Movie  
Apr. 8 – 2:00 p.m. – Food Demo  
**Apr. 10 – Good Friday!**  
Apr. 11 – 1:30 p.m. – Bingo w/Bob  
**Apr. 12 – HAPPY EASTER! HE IS RISEN!**  
Apr. 14 – 9:30 a.m. – Men's Chat w/Coffee and Doughnuts  
Apr. 14 – 3:30 p.m. – Reading Club  
Apr. 15 – 9:30 a.m. – Walking w/FCA K4  
Apr. 15 – 11:00 a.m. – Taking Census  
Apr. 16 – 1:30 p.m. – Our Own Marshall Singing/Playing  
Apr. 17 – 2:00 p.m. – Joy Makers  
Apr. 18 – 1:30 p.m. – Bingo w/Bob  
Apr. 22 – Selfie Day!!!  
Apr. 22 – 9:00 a.m. – Walking w/FCA K3  
Apr. 22 – 9:30 a.m. – Dogwood Trail Ride  
Apr. 24 – 12:30 p.m. – Vitals by Intrepid  
Apr. 24 – 2:00 p.m. – Resident Food Council  
Apr. 24 – 2:30 p.m. – Dogwood Trail Ride  
Apr. 25 – 1:30 p.m. – Bingo w/Bob  
Apr. 28 – 9:30 p.m. – Men's Chat w/Coffee and Doughnuts  
Apr. 28 – 1:30 p.m. – Crafts w/Paula  
Apr. 28 – 3:30 p.m. – Reading Club  
Apr. 30 – 2:00 p.m. – April Birthday Party for Everyone Sponsored by Amedisys

\*Please remember that activities are subject to change. All activities, until further notice, will be limited to no more than 10 residents and/or social distancing.

**Chapel on Thursdays and Sundays will be held in the Dining Room until further notice.**

\*\*We are adhering to the Centers for Disease Control and Prevention (CDC), World Health Organization (WHO), local and TN State Health Departments, and Cornerstone Healthcare Group to ensure the utmost safety for everyone.

## YOUR PROTECTION

We are taking the highest priority to ensure everyone's safety at this time. We are implementing the most recent guidelines from Center for Disease Control and Prevention (CDC, World Health Organization (WHO, local and TN State Health Departments and Cornerstone Healthcare Group. We have taken the following precautions and will adjust as necessary.

- Screening of staff and necessary visitors.
- The community is CLOSED to all visitors, except for healthcare staff.
- Beginning at dinner on Tuesday, March 17, all meals will be served in resident rooms until further notice.
- Activities will continue as scheduled with a maximum of 10 people until further notice.
- We have changed the door code and we WILL NOT provide the code to families until our visitation restriction is lifted.
- Until further notice, we WILL NOT be providing resident transportation to doctor's appointments, for grocery trips, etc.
- Posted informational signs at the main entrance.
- Developed and implemented Preparedness/Precaution Plans and policies which have been approved by our Cornerstone Clinical Leadership Team.
- Conducted re-education will all community employees on standard precautions.
- Daily updates provided to employees as they are available.
- Monitoring of symptoms of resident and/or employees.
- Following CDC, WHO, and local and state health department guidelines.
- Social distancing implementation.

As we have seen, guidelines may change at any given time and we will adhere to these guidelines as they are provided to us. We will continue to give our very best care to each resident as well as protect our staff during this time in our country, our state, our city, and at Trinity Hills. Thank you for your understanding and patience of these necessary changes at this time.

## HE IS RISEN!!!

Let us remember this season, more than ever, the true meaning of Easter for each of us.

Things in our country and all over the world are different this year.

However, we will remain faithful in celebrating the resurrection of our Lord Jesus Christ on Sunday, April 12, at 1:00 p.m. in the dining room (unless there is a necessary change.)

The chorus to the song HE'S ALIVE says it all!

He's Alive! He's Alive! He's Alive and I'm forgiven.

Heavens gates are open wide.

He's Alive! He's Alive! He's Alive and I'm forgiven.

Heavens gates are open wide.

He's Alive! He's Alive! He's Alive and I'm forgiven.

Heavens gates are open wide.

**HE'S ALIVE!!!!**

## FAMILY TIME!

We are doing our best to provide communication between you and your families during this time. So don't be surprised if we come up to you and ask if you'd like to make a "special" call to a family member.

We will be doing some video chatting and/or face time calls between you and your family during certain times. So you're not going to miss out on a single thing going on with them just because they are unable to come into the building right now. So stay tuned and technology will be taking over (as it usually does.) Isn't that an awesome thing?



## WELCOME MARSHALL McCAULEY

We are excited to announce the arrival of our new Executive Director, Marshall McCauley. Marshall is a Michigan native who relocated to East Tennessee in 2001 to attend Maryville College. Marshall and his wife, Meghan, are the proud parents of two beautiful furry dogs, Waylon and Reno. Meghan is a science teacher at Clinton High School. Marshall holds Master's Degrees in Social Work and Psychology from the University of Tennessee and the University of the Pacific (respectfully) as well as a Bachelor's Degree in Psychology from Maryville College. He just happened to come into our family as we are experiencing the necessary restrictions due to the COVID-19 virus and he has stepped up to the plate many times already to implement our guidelines to protect us all as much as possible. Marshall is going to be singing and playing the guitar for us very soon. You will hear more about that as we continue to work on the activity calendar. Please introduce yourself to Marshall and help him feel welcome. He looks forward to becoming well-acquainted with the members of the Trinity Hills team, the residents, and their families. Welcome to our family Marshall!!!!



## THANK YOU RESIDENTS!

Thank you residents for listening to the daily changes that we have been incurring and being so kind to adhere to each change as it happens.

We know it is mind boggling; but we also know that you realize we are doing our best to protect each of you. **YOU ARE OUR NUMBER ONE PRIORITY!**

We know that there are many on-going changes regarding activities and meals and guidelines that we have to go by at this time; and each of you has been so kind to carefully follow the guidelines. We thank you for helping us help you.

We will continue to press forward and God will see us through this journey.

**We Love You All!!!!**

## PUSHING FORWARD!

**WE ARE NOT LETTING THE COVID-19 GET IN OUR WAY OF PLANNING.**

We have entertainers planned and ready to go when we are able to have them back. However, in the meantime, our own ED, Marshall, is going to be singing and playing his guitar for us during April. So who needs to go outside our community for great entertainment? We will also keep having our sing along time even though we may have to spread out a little bit to do it. Since the FCA kids are out of school they are unable to join us until we get back on a normal schedule.

Remember, as of this moment, our activities are still **HAPPENING!** **FUNNY \$\$ CAN STILL BE RECEIVED!** So don't lose out on extra **\$\$\$\$!!!!**

## THANK YOU CARE STAFF, HOUSEKEEPING, DIETARY DEPARTMENTS AND EVERYONE!

Their work has not stopped but only increased over the last few weeks since the information on the COVID-19 has spread all over the world and into our country and into our state and into our city.

The Care Staff has been doing their utmost best to take care of each resident, as well as themselves, to keep everyone safe and healthy. There are so many changes that happen so quickly on information that is released and Jess and our nurses and care staff have been going non-stop. We thank you for your dedication and hard work.

Our Housekeeping Staff have been non-stop as well. From guidelines on how to clean with what products to cleaning everything in sight not only in the common areas but also in the resident rooms and truly in each area of our building they have worked tirelessly. Larry and his team have been going the extra mile. We thank you for your dedication and hard work.

Our Dietary Team has pulled together and been non-stop for all of us. We have many extra supplies on hand because they are pre-planning for our safety and well-being. They have gone from our already three meal a day preparation of delicious food but now into "meals to go" to all our rooms. This is such a huge task for them; but they have not missed a beat. The preparation and implementation of this process is astounding; and we want to thank Naomi and her team for doing everything to keep us well-nourished and as healthy as possible with nutritious meals. We thank you for your dedication and hard work.

Thank you to Marshall for leading us through this journey. Thank you to Rachel for all the up front and behind the scenes things that she does daily. Thank you to Lyndsey for continuing to get move ins during this time. Thank you to Kelly for taking care of our Lighthouse residents. Thank you again Jess, Larry, and Naomi! WHAT A TEAM!!!!

## April Birthdays

We want to wish our "April showers bring May flowers" residents a Happy April Birthday!

**April 1 – Lois U.**

**April 9 – Edith Sm.**

**April 15 – Chris D.**

**April 16 – Sally**

**April 17 – Jean N.**

**April 21 – Lee G.**

We are officially in full spring time around here and it feels great and looks so pretty outside.

Come join us for our monthly birthday celebration, which everyone is invited, on Thursday, April 30, at 2:00 p.m. in the dining room sponsored by Amedisys.

## SELFIE DAY



Here it comes! April 22<sup>nd</sup> is considered National Selfie Day! What does that mean! That means you are going to take a picture of yourself (selfie) and then share it with yourself and/or your family! See how we're finding all kinds of ways to get you in the picture taking mood?

A "selfie" is the now thing and we at Trinity Hills are sure in the NOW. So get ready to have some fun on April 22<sup>nd</sup> with "yourself."