

### Games

Yahtzee, Poker, Bingo, and Dominos are four of our favorite games at Trinity Shores. On September 11<sup>th</sup> we had a Yahtzee tournament Mrs. Nichols and Mr. Winder tied for first and received small votive jars full of candy as prizes. On September 18 we played poker. Mrs. Evins was our big winner and received candy and a Halloween plaque to hang on her door.



Poker



Yahtzee and Ice Cream

### Morning Visits

We love our morning visits on the front porch. Weather permitting we set on the front porch for a visit in the morning after the devotional, brain teaser and exercise.



### October Birthdays

In astrology, those born between October 1–22 balance the scales of Libra. Libras have strong intellects and keen minds and so need constant stimulation. Libras are also masters of compromise and diplomacy, acting as wise mediators between friends and colleagues. Those born from October 23–31 are Scorpio's scorpions. Scorpions are passionate and intense, yet you may never know given their calm demeanors. They value truth, loyalty, and justice in friends and family.

- Julie Andrews (actress) – October 1, 1935
- Yenifer C. (staff) –October 7
- Waldeen K. (resident) – October 8
- Chevy Chase (comedian) – October 8, 1943
- Mae Jemison (astronaut) – October 17, 1956
- Chuck Berry (musician) – October 18, 1926
- Betty M. (Director) – October 19
- Annette P. (resident) – October 21
- Dizzy Gillespie (musician) – October 21, 1917
- Susie G. (Resident) – October 25
- Leslie D. (staff) – October 25
- Bill Gates (engineer) – October 28, 1955

### October Events

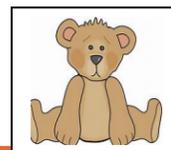
In October we will be having a fashion show and guess who event. Staff will dress up and residents will get to try their best to guess who is who.



A new movie every day. Pick your favorite actress, actor or movie and watch it on the big screen in our theater.



We are expecting a surprise visit from **Ted E. Bear** on October 14, 2020



# Trinity Shores Treasures

Trinity Shores Assisted Living \* 201 Trinity Shores Drive \* Port Lavaca, Texas 77979 + 361-552-2333



### Celebrating October Country Music Month Global Diversity Awareness Month

### Emotional Wellness Month

**World Smile Day**  
*October 2*

**World Teachers Day**  
*October 5*

**Navy's Birthday**  
*October 13*

**National Bring Your Teddy  
Bear to Work Day**  
*October 14*

**National Make a Dogs Day**  
*October 22*

**National Candy Corn Day**  
*October 30*

**Halloween**  
*October 31*

### Family Visits

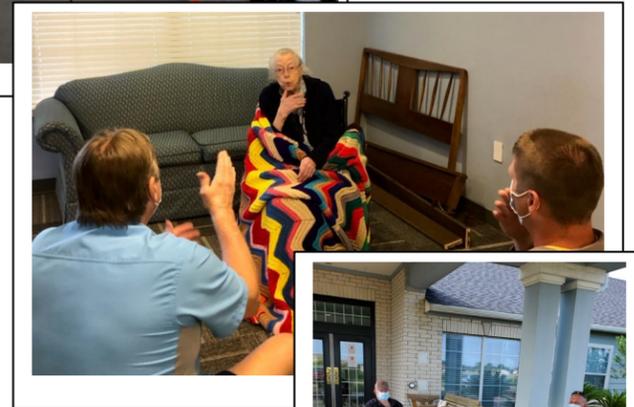
September brought outdoor visits with family. Residents have missed family visits since covid-19 put us into quarantine over 6 months ago. It warms our hearts to see the smiles from residents and family during these visits. But, it lacks something. We are still waiting for the day when we can Grab our family members and hug them tight. For now family members are encouraged to call for an appointment. Residents get two (2) forty five (45) minute visits a week. This is just the beginning.

We start with outside visits and next indoor visits will come. And before you know it we will be back to normal.

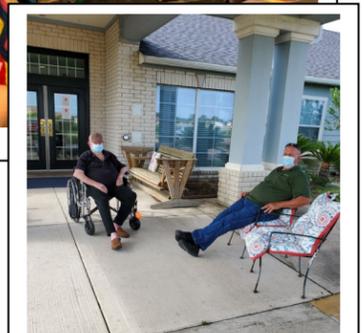


Above: Mrs. Wilson visiting a friend.

Side→ Mrs. Petriski blowing a kiss to loved ones.



Side→ Mr. Boyd visiting with family.



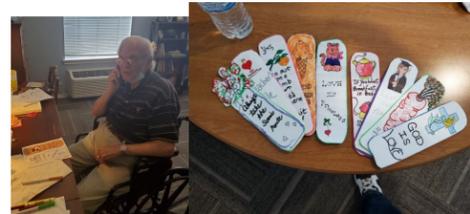
We hope to see you soon!

### Arts and Crafts

Since we have been quarantined due to Covid-19 we have been looking for new ways to stay busy. We have Made sun catchers, decorated fall leaves, made blankets and many more fun crafts. Just when I think I am running out of things to make someone tells me they would like to make more sun catchers or more book marks.



Fall leaves and sun catchers



Book Markers

With the start of school our Marketing Director wanted to welcome our teachers back to school. She made baskets for the schools and the residents made book markers for the teachers to go in the baskets. Mr. Sassman enjoyed making the book marks so much he made them for his family members. One of my favorite was our cute little pumpkins. We made them for the first day of fall. They were very cute.



Arts and crafts is not only about the craft, it is about encouraging each other. I hear, "I wish mine liked like yours. I should have done that color," and a lot of "I can't wait to show my family what I made." For me it is the joy and the smiles on the resident's face that makes my day.

### A love 70 Years In The Making Happy 70<sup>th</sup> Anniversary

We would like to wish a very happy anniversary to Mr. and Mrs. Winder. They have been married 70 years in September. As we stood here to take these pictures he looked up at her and said "I still love you." Then he went in for the kiss. It melted my heart to know that after 70 they still love each other.



### Sharing Lunch and Snacks With Fellow Health Care Providers

Our Marketing Director, Brenda McMahan, Prepared lunch to share with fellow health care providers in our community. Our Nurse, Bianca Zambrano, assisted in delivering lunch to Memorial Medical Clinic. Betty Medlin, our Director assisted in delivering lunch to Memorial Medical Hospital and snacks to Bethany Senior Living.



Brenda and Bianca at Memorial Medical Clinic



Brenda and Betty at Memorial Medical Hospital



Brenda and Betty at Bethany

### Light House

Our memory care unit was busy in September. The played games like Bingo and fishing. For arts and crafts they made caterpillars out of clothes pins and little pom-poms. They had ice cream socials and worked in the flower beds. I can't wait to see what October brings.



### Welcome Home

We would like to welcome our new residents, the Nelsons, to Trinity Shores. Make time to introduce yourself if you pass them in the hall or you could knock on their door and say hi.

